# Sample household emergency plan

## Family with two children

Four people | Apartment with a protected room (Mamad) | Children aged 9 and 4

Prepared: 26 November 2026 | Next review: 26 December 2026

All personal details are fictional and for illustration only.

## Household members and roles

| Name | Role | Daytime location |
|---|---|---|
| Maya | Adult | Home / work |
| Omer | Adult | Home / work |
| Noa | Child, 9 | Primary school A |
| Itai | Child, 4 | Kindergarten A |

## Adult responsibilities

| Responsibility | Assigned to |
|---|---|
| Check official instructions | Maya |
| Contact household members | Omer |
| Contact children’s schools or care settings | Maya |
| Keep documents and contact list | Omer |
| Check supplies | Maya |
| Prepare the evacuation bag | Omer |
| Open the protected space if needed | Maya |

## Children’s roles

| Child | Responsibility | Contact card |
|---|---|---|
| Noa | Go to the selected protected space | Yes |
| Itai | — | No |

## Selected adaptations

Children under eight; children aged eight and above

## Adaptation plans

Children take shelter at school or kindergarten when there. Parents do not leave to collect them during an alert.

## What we learned in our discussion

Maya accompanies Itai; Omer makes sure Noa has entered the Mamad. With one parent at home, that parent accompanies Itai and Noa takes shelter independently. Children are not responsible for each other's safety.

## Protection

Protected space: Mamad in the apartment, accessed via the hallway.

Check findings: A laundry basket was moved from the hallway; the door and window were checked. Practise entering at night and verify the sheltering time for the address.

During an alert, follow Home Front Command instructions for your location. Do not delay taking shelter to collect supplies or reunite household members.

## Communication and regular settings

| Role | Name | Agreed |
|---|---|---|
| Primary contact | Roni – aunt | Not yet |
| Backup contact | Galit – neighbour | Not yet |

Agreed "I am safe" message: I am in a safe place and I am OK. I will update you when I can.

If contact is lost: stay somewhere safe, do not automatically leave to look for family members, try to relay a message via the contact person, and travel to a meeting point only when safe and permitted. Try again after 30 minutes.

## When household members are in different places

Everyone takes shelter where they are. When safe and permitted, they update one another via the contacts.

Emergency procedures in regular settings: not yet verified.

## Meeting points

| Type | Location |
|---|---|
| Nearby | Building lobby, only when safe and permitted to leave |
| Alternative | Roni's home in a nearby city |

## Children’s schools and care settings

| Child | Setting | Procedure checked | Authorised pickup |
|---|---|---|---|
| Noa | Primary school A | Not yet | Maya / Omer |
| Itai | Kindergarten A | Not yet | Maya / Omer |

## Check with household members

Noa knows where the Mamad is. Practise sharing responsibilities when the parents are apart.

## Supplies and evacuation

Checked, accessible and working: flashlight; phones.

## Stock calculation

Water: 36 litres required; 12 litres still needed.

## Important gaps

| Action | Assigned to | Due |
|---|---|---|
| Add 12 litres of water and one more day of food | Maya | 29 Nov 2026 |
| Get flashlight batteries and charge the power bank | Omer | 29 Nov 2026 |

## What we found when checking supplies

24 litres of water and food for two days; a spare flashlight has no batteries. Complete supplies and print the contact list.

## Destination and transport

Possible destination: Roni’s home, subject to prior agreement

Transport: Our car

## Evacuation responsibilities

| Item | Assigned to | Location |
|---|---|---|
| Contact list | Maya | Accessible evacuation bag; keep passage clear |
| Copies of selected documents | Omer | Accessible evacuation bag; keep passage clear |
| Flashlight | Maya | Accessible evacuation bag; keep passage clear |
| Power bank | Omer | Accessible evacuation bag; keep passage clear |
| Bottled water | Maya | Accessible evacuation bag; keep passage clear |

## Evacuation check findings

What worked: a place was assigned for the evacuation bag.

What needs to change: agree on the destination and route before they are needed.

## Support network and practice

| Name | Type of help | Agreed |
|---|---|---|
| Roni – aunt | Communication and coordination | Not yet |
| Galit – neighbour | Check-in / assistance after the event | Not yet |

## Practice and review

A short practice session with Itai took place in the example. Entering together at night has not yet been practised.

## Outstanding tasks

| Task | Assigned to | Due |
|---|---|---|
| Add 12 litres of water and one more day of food | Maya | 29 Nov 2026 |
| Get flashlight batteries and charge the power bank | Omer | 29 Nov 2026 |
| Verify the sheltering time for the address | Maya | 3 Dec 2026 |
| Check shelter and pickup procedures at both settings | Omer | 3 Dec 2026 |
| Practise entering the Mamad with both children at night | Maya | 3 Dec 2026 |
| Arrange support with Roni and Galit | Omer | 3 Dec 2026 |

Prepared Home helps organise information and make decisions. It does not replace official instructions or professional advice.